Why is it when people retire other people assumed that their lives must be over? “Step aside! Get out of the way! You have nothing more to contribute!” Well, we that have retired know this is nonsense. Read back through our newsletter articles on “Living Fully in Retirement” and you will find peers who volunteer, support the community, create art, write books, teach at Semester at Sea, expand their minds, and even start second (or perhaps third) careers. Our retirees are a valuable community resource, but sometimes we all need a little help or direction. Consider some of the resources now available:

- Osher Lifelong Learning Institute
- Master Naturalist Program, Fort Collins Natural Areas
- Aspen Club, Poudre Valley Hospital System
- Service Clubs: Rotary, Kiwanis, Lions, Odd Fellows, …

But most of all we need to retain our ability to laugh and not take life too seriously. In that spirit the Society of Senior Scholars (SSS) announces a CSU Limerick contest for our members. Submissions must be humorous, focused on academic topics, clean and not furtive or mean. Contributions will be judged by the SSS Board. Three winners will be printed on the SSS website and receive free tuition for a future Osher Course (valued at up to $85, Osher membership required).

Directions for writing a limerick are provided in the following limerick…

What is a limerick, Mother?
It’s a form of verse, said brother
In which lines one and two
Rhyme with five when it’s through
And three and four rhyme with each other.

An example academic limerick is:

There once was an old man from Esser,
Whose knowledge grew lesser and lesser.
It at last grew so small,
He knew nothing at all,
And now he’s a college professor.

Send your contributions before Friday, December 9th to Robert.Meroney@ColoState.Edu

Upcoming Events

The speaker series this fall and spring is being offered jointly with the Osher Lifelong Learning Institute.

Time: 3:00-4:30 PM.
Location: College-America
4601 S. Mason Avenue

November 14
“Percussion, The Long and Rich Past and the Very Bright Future of Hitting Things”
Eric Hollenbeck, Music

December 12
“Biomaterials in Orthopedic and Cardiovascular Implants”
Susan James, Mechanical Engineering

January 23
“Human Aging and Unusual Neuromuscular Adaptations to Strength Training.”
Brian Tracy, Health and Exercises Science

February 13
“Inexpensive, Efficient Approaches for Energy Production and Storage”
Amy Prieto, Chemistry

March 19
“Dividing Western Waters: Need for the Master’s Touch”
Neil Grigg, Civil and Environmental Engineering

April 16
“Annual update of campus and state developments in higher education.”
Rick Miranda, CSU Provost
From the President

Colleagues—

CSU’s Society of Senior Scholars is off and running this fall, with more opportunities and activities than ever.

Pat Burns opened the Speaker Series with an eye-popping account of the changes in student and faculty uses of Morgan Library and internet research. Be sure to check out the rest of the schedule.

The Society’s first Excursion was a fascinating tour of the Engines and Energy Conversion Lab, housed in the old power plant on North College Avenue.

You should have already received the Athletic Department’s offer of access to your choice of home football games. I hope you will take advantage of their hospitality.

There’s something for everyone. Please join us!

David Lindstrom
President

Retiree Perks

The Athletic and Health & Exercise Science Departments offer retired faculty and staff the same perks enjoyed by active faculty and staff. These include:

**Noon Hour:** Discounted fees Season Tickets: 20% discount (Eg. football tickets are $180 vs $225)

**RAM 4 Packs:** Four seats, four cokes, four hot dogs – all for $40 (football) or $32 (men’s and women’s basketball, and volleyball). Price actually is half price, and includes reserved north end zone tickets for football.

**Block Tickets:** For groups of 20, block seating and brief public recognition. For football $25 buys a seat in the north end zone, a T-shirt, and a concession chit. For basketball or volleyball $10-20 buys a seat in a block, a T-shirt, and a concession chit.

New Retirees Remember

Upon retirement retirees are eligible for a number of additional University perks. These include:

**Parking Privileges:** Free annual sticker

**University Club:** Reduced rate of $67 per fiscal year, which includes complimentary continental breakfasts weekdays, 20% discount at Aspen Grill, and 10% at CSU bookstore.

**Software at RAMtec:** Retirees with more than 20 years’ service are eligible for significant discounts.

**Free IT Support:** The ACNS Help desk in Morgan Library offers computing help and information. Call Help Desk at 970-491-7276 or email help@colostate.edu.

**Access to CSU Libraries:** Still eligible for 6 month check out, full InterLibrary Loan services, reference desk assistance, and remote access to data bases.
Living Fully in Retirement

Dr. Robert Lawrence

After serving as an Air Force officer, and earning his Ph.D. in Political Science from the University of Kansas, Bob Lawrence was on the move for 9 years—Hudson Institute, Texas Tech, Stanford Research Institute, and the University of Arizona—before settling down at CSU in 1971.

He retired from CSU’s Political Science Department in 2006, but continued with other university related activities. These included coordinating the Burning Issues summer lecture series at the YMCA Center of the Rockies in Estes Park, that he started 35 years ago. The lectures feature presentations given by CSU faculty; serving as chair of the Program Committee for the Fort Collins Rotary Club, and moderating debates before the Rotarians; teaching classes for Osher; and helping to select Colorado students for Senatorial appointments to the service academies.

He gives lectures to various service clubs, for classes taught by colleagues at CSU, and to retirement groups. His favorite topics are the utility of nuclear weapons in maintaining peace among the great nations, the accomplishments of Western Civilization in general, and of the United states in particular, and the usefulness of a large, powerful, and active Federal Government. As a continuation of his previous responsibility as the university’s prelaw adviser he still advises students with an interest in the law, and frequently writes letters of recommendation for CSU students who, a few years after graduation, decide to attend law school. He is on the board of directors of the Society of Senior Scholars, and was formerly editor of this newsletter.

In 2008 he returned to campus to teach an Honors class in US Foreign Policy for two years, and recommends other retirees consider teaching such classes. His most exciting recent project is to help fully fund the Bob Lawrence Gateway to Law School Scholarship that was established last year with a donation made by Amy Parsons, one of his former CSU students, who earned her law degree at the University of Colorado and is now Vice President for Operations. The fellowship provides funds to assist students to pay the costs of taking the Law School Admissions Test, and the application fees for law school. Each summer he meets with Iraqi students who visit the campus to explain the operation of the US Constitution.

With eleven grandchildren, three of whom are girls adopted from China, he is busy with his wife Elaine in grand parenting activities. For example last June they took eight grandchildren, four daughters, and three sons-in-law on a four-car caravan trip to visit Grand Teton and Yellowstone National Parks.

For relaxation he meets each week during the football season to analyze the games from the previous week that have been played by schools the group’s members attended as undergraduates. Once a month he attends a neighborhood book club.

Finally as a volunteer monitor with the Estes Valley Land Trust, Bob walks a 180 acre tract of land on the side of Longs Peak each summer to validate the owners’ adherence to a conservation easement.

When asked his advice for retirees, he says to “enjoy one’s family and stay connected with Colorado State University students and faculty”.

From the Editor

For my sins I have inherited the responsibility of Newsletter Editor. Robert Lawrence, our previous editor has stepped down, and I will attempt to maintain his high standards for the Newsletter for the coming year. Thank you, Bob.

Bob Meroney
Newsletter Editor

Stay in Touch

Retired CSU faculty and admin pros who wish to receive memos from the President and the Provost and emergency announcements can opt in at acctmgr@colostate.edu

Those who wish to receive the University’s daily Today @ Colorado State can do so at www.today.colostate.edu/ and click on “subscriptions” in the upper right corner.
“Curiosity Never Retires” at the Osher Lifelong Learning Institute

Governor John Hickenlooper recently acknowledged the importance and benefits of lifelong learning in a proclamation recognizing Lifelong Learning Week. The Proclamation stated:

Whereas, Lifelong Learning dramatically enhances the life of older people, both physically and mentally, and
Whereas, more than 4,000 people over 50, living in Colorado, partake in educational classes each year; and
Whereas, “Curiosity Never Retires!”
Therefore, I, John Hickenlooper, Governor of the State of Colorado, do hereby proclaim August 1-6, 2011 LIFELONG LEARNING WEEK.

We invite all Senior Scholars to join Osher and take advantage of the Fall 2011 educational classes by enrolling now. Upcoming classes include:

<table>
<thead>
<tr>
<th>Course</th>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Grand Challenges for the 21st Century (Part 1) OSHR 1090</td>
<td>Mondays</td>
<td>Oct. 24-Nov. 21</td>
<td>4-6 p.m.</td>
<td>$75</td>
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<tr>
<td>The Supreme Court: Current Trends and Issues OSHR 1028</td>
<td>Tuesdays</td>
<td>Oct. 25-Nov. 29</td>
<td>1-3 p.m.</td>
<td>$85</td>
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<tr>
<td>In the Beginning Was the World: Understanding World Religions – Judaism, Christianity, and Islam (Loveland) OSHR 1031</td>
<td>Tuesdays</td>
<td>Oct. 25-Nov. 29</td>
<td>2-4 p.m.</td>
<td>$75</td>
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<tr>
<td>Whiskey’s for Drinking; Water is for Fighting: The Social Organization of Water in Colorado OSHR 1611</td>
<td>Wednesdays</td>
<td>Oct. 26-Dec. 7</td>
<td>4-6 p.m.</td>
<td>$85</td>
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<tr>
<td>Earth: A History of Ideas About the Origin and Evolution of our Planet OSHR 1813</td>
<td>Thursdays</td>
<td>Oct. 27-Dec. 8</td>
<td>10 a.m.-12 Noon</td>
<td>$85</td>
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<tr>
<td>How Experience Shapes the Brain - If You Don’t Use it, You’ll Lose it OSHR 1392</td>
<td>Thursdays</td>
<td>Oct. 27-Dec. 8</td>
<td>1-3 p.m.</td>
<td>$85</td>
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<tr>
<td>The Triumph of American Art Class: From Tiffany to Chihuly OSHR 1049</td>
<td>Tuesdays</td>
<td>Nov. 8-29</td>
<td>10 a.m.-12 Noon</td>
<td>$72</td>
</tr>
<tr>
<td>Immigration Matters: On the Move OSHR 1119</td>
<td>Thursdays</td>
<td>Nov. 10-Dec. 8</td>
<td>4-6 p.m.</td>
<td>$65</td>
</tr>
<tr>
<td>The Rialto Theater in Loveland Presents: Alfredo Rolando Ortiz OSHR 1361</td>
<td>Friday</td>
<td>Nov. 18</td>
<td>7:30-10:30 p.m.</td>
<td>$18</td>
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</tbody>
</table>

Osher membership is a nominal $35/year which includes free lectures, tours, book groups and social activities. To request additional information or to register for classes, please call 491-7753 or visit our website at: osher@colostate.edu

Opportunities for Retirees

The Institute for Learning and Teaching (TILT) has many opportunities for retired faculty and staff in their organization that include tutoring, teaching non-credit “short courses” on your own choice of topic, mentoring new faculty or staff, judging poster contests, mentoring undergraduate research, or referee submissions to the Journal of Undergraduate Research. If you can help in any of these areas contact Mike Palmquist, Associate Vice Provost for Learning and Teaching and TILT at (970) 491-3132 or visit http://tilt.colostate.edu/index.cfm.